

GP MOL 26: Session: 1: COACH evaluation sheet for TEAM: LWB

Coachinfo: Warming up from: 08:00 until 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Mannaerts Hans HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 100M BUTTERFLY WOMEN 11+ Heat:1, starttime: 09:10

Heat: 1/16 Lane : 7 Athlete: ABAS NOUR Q-time: 99:99:99

PB (50m pool): no time PB (25m pool): no time SB: no time

	50 M	100 M	
PB	no time	no time	
	<i>no time</i>		
	

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+ Heat:7, starttime: 09:55

Heat: 7/15 Lane : 1 Athlete: HURKMANS CÉDRIC Q-time: 01:22:42

PB (50m pool): 01:22.42 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 01:23.32 SB: 01:22.42 Zwembad Brigitte Becue 26/04/2026

	50 M	100 M	
PB	00:36.83	01:22.42	
	<i>00:36.83</i>	<i>00:45.59</i>	
	

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+ Heat:14, starttime: 10:05

Heat: 14/15 Lane : 1 Athlete: GERITS TUUR Q-time: 01:04:34

PB (50m pool): 01:04.34 Eindhoven 22/03/2026 PB (25m pool): 01:04.06 SB: 01:04.34 Eindhoven 22/03/2026

	50 M	100 M	
PB	00:30.12	01:04.34	
	<i>00:30.12</i>	<i>00:34.22</i>	
	

Coach feedback:

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Event number: 4: 100M FREESTYLE WOMEN 11+		Heat:2, starttime: 10:10	
Heat: 2/24 Lane : 2 Athlete: ABAS NOUR		Q-time: 99:99:99	
PB (50m pool): 01:20.72 SportinGenk Park 24/05/2026		PB (25m pool): 01:22.79 SB: 01:20.72 SportinGenk Park 24/05/2026	
	5 0 M	1 0 0 M	
PB	00:37.85	01:20.72	
	<i>00:37.85</i>	<i>00:42.87</i>	
	

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+		Heat:2, starttime: 10:10	
Heat: 2/24 Lane : 7 Athlete: DAEMS LOTTE		Q-time: 99:99:99	
PB (50m pool): no time		PB (25m pool): no time SB: no time	
	5 0 M	1 0 0 M	
PB	no time	no time	
	<i>no time</i>		
	

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+		Heat:8, starttime: 10:25	
Heat: 8/24 Lane : 4 Athlete: CLUYSEN ZIVA		Q-time: 01:16:49	
PB (50m pool): 01:00.75 Eindhoven 22/03/2026		PB (25m pool): 01:17.14 SB: 01:00.75 Eindhoven 22/03/2026	
	5 0 M	1 0 0 M	
PB	no time	01:00.75	
	<i>no time</i>		
	

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+		Heat:13, starttime: 10:30	
Heat: 13/24 Lane : 3 Athlete: CLUYSEN ZOë		Q-time: 01:11:32	
PB (50m pool): 01:07.85 Antwerpen 16/07/2023		PB (25m pool): 01:06.56 SB: 01:13.51 Eindhoven 22/03/2026	
	5 0 M	1 0 0 M	
PB	no time	01:07.85	
	<i>no time</i>		
	

Coach feedback:

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Event number: 5: 100M FREESTYLE MEN 11+		Heat:3, starttime: 10:55	
Heat: 3/23 Lane : 1 Athlete: MANNAERTS MARTIJN		Q-time: 01:33:25	
PB (50m pool): 01:33.25 SportinGenk Park 24/05/2026		PB (25m pool): 01:37.56 SB: 01:33.25 SportinGenk Park 24/05/2026	
	5 0 M	1 0 0 M	
PB	00:45.49	01:33.25	
	<i>00:45.49</i>	<i>00:47.76</i>	
	

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11+		Heat:11, starttime: 11:10	
Heat: 11/23 Lane : 5 Athlete: CLUYSEN KYAN		Q-time: 01:08:23	
PB (50m pool): 01:08.23 Antwerpen 15/03/2026		PB (25m pool): 01:07.93 SB: 01:08.23 Antwerpen 15/03/2026	
	5 0 M	1 0 0 M	
PB	00:33.10	01:08.23	
	<i>00:33.10</i>	<i>00:35.13</i>	
	

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11+		Heat:14, starttime: 11:15	
Heat: 14/23 Lane : 5 Athlete: MANNAERTS MATHIAS		Q-time: 01:04:50	
PB (50m pool): 01:04.50 Antwerpen 15/03/2026		PB (25m pool): 01:03.50 SB: 01:04.50 Antwerpen 15/03/2026	
	5 0 M	1 0 0 M	
PB	00:31.32	01:04.50	
	<i>00:31.32</i>	<i>00:33.18</i>	
	

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11+		Heat:17, starttime: 11:20	
Heat: 17/23 Lane : 2 Athlete: JANSSEN LANDER		Q-time: 01:00:96	
PB (50m pool): 01:00.96 Zwembad Brigitte Becue 26/04/2026		PB (25m pool): 01:00.43 SB: 01:00.96 Zwembad Brigitte Becue 26/04/2026	
	5 0 M	1 0 0 M	
PB	00:29.28	01:00.96	
	<i>00:29.28</i>	<i>00:31.68</i>	
	

Coach feedback:

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Event number: 5: 100M FREESTYLE MEN 11+		Heat:20, starttime: 11:25	
Heat: 20/23 Lane : 4 Athlete: GERITS TUUR		Q-time: 00:57:27	
PB (50m pool): 00:57.27 Eindhoven 10/05/2026		PB (25m pool): 00:56.88 SB: 00:57.27 Eindhoven 10/05/2026	
	5 0 M	1 0 0 M	
PB	00:28.00	00:57.27	
	<i>00:28.00</i>	<i>00:29.27</i>	
	

Coach feedback:

Event number: 8: 400M MEDLEY MEN 11+						Heat:1, starttime: 12:25		
Heat: 1/4 Lane : 1 Athlete: GERITS TUUR						Q-time: 99:99:99		
PB (50m pool): no time			PB (25m pool): no time			SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	<i>no time</i>							

Coach feedback:

Event number: 8: 400M MEDLEY MEN 11+						Heat:2, starttime: 12:30		
Heat: 2/4 Lane : 7 Athlete: HURKMANS CÉDRIC						Q-time: 99:99:99		
PB (50m pool): no time			PB (25m pool): no time			SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	<i>no time</i>							

Coach feedback:

Event number: 8: 400M MEDLEY MEN 11+						Heat:3, starttime: 12:40		
Heat: 3/4 Lane : 8 Athlete: MANNAERTS MATHIAS						Q-time: 05:41:15		
PB (50m pool): 05:41.15 Eindhoven 22/03/2026			PB (25m pool): 06:01.28 SB: 05:41.15 Eindhoven 22/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:36.99	01:23.71	02:08.18	02:50.46	03:37.95	04:27.52	05:04.52	05:41.15
	<i>00:36.99</i>	<i>00:46.72</i>	<i>00:44.47</i>	<i>00:42.28</i>	<i>00:47.49</i>	<i>00:49.57</i>	<i>00:37.00</i>	<i>00:36.63</i>

Coach feedback: